**1 Byte into Technology**

**March 3:** 12-12:45p Samis Education Center - Recipe Refresh with “Uncooked” Chef Brittany Johnson creating a Chia Chocolate Pudding with Cashew Cream Drizzle.

**March 4:** 11-1p OU Medical Cafeteria - Enjoy a lunch of Mediterranean Spinach & Barley Salad. *Samples Provided*

**March 5:** 11-1p Student Union - Student Dietetic Association will be fundraising with healthy trail mix for sale.

**March 10:** 11-1p OU Physicians/Kamps - Satisfy your hunger with the Spring Chicken Wrap with side of Fruit Salad. *Samples Provided*

**March 11:** 11-1p Children’s Hospital Cafeteria - Try a bite of Basil Lemon Chicken. *Samples Provided*

**March 12:** 11-1p OU Physician’s Building/ Dave’s Place - Get into the health mix and take a taste of Dave’s Lentil Soup. *Samples Provided*

**March 17:** 11-1p University Health Club/ Health Nut Cafe - Enjoy a nutritious lunch of your choice of Greek or Health Nut Wrap with side of Hummus and Pita. *Samples Provided*

**March 18:** 11-1p OU Medical Cafeteria - Flip over the Jerk Chicken and Avocado Cobb Salad. *Samples Provided*

**March 19:** 11-1p Stanton Young Blvd

**HEALTHY FOOD TRUCK EVENT**

Join a healthy variety with truck vendors from:
- Green & Grilled
- Super Juice
- Pinky’s Rolling Fresh
- Organic Squeeze
- American Heart Association
- Katiebugs
- Healthy Hippo
- Off the Hook
- Kind Bars

**March 24:** 11-1p OMRF/Research Cafe - De-‘light’ in Stuffed Portabella Mushroom with Chicken Orzo Soup. *Samples Provided*

**March 25:** 11-1p Children’s Hospital Cafeteria - Delight in a heart-healthy Pretzel Crusted Salmon. *Samples Provided*

**March 26:** 11-1p Stephenson Cancer Center/ Healthy Hearth - Taste deliciousness with homemade Ratatouille. *Samples Provided*

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**NOTE**

If you are interested in any of the classes, please email: oufit@ouhsc.edu