
From: The University of Oklahoma
Sent: Wednesday, April 1, 2020
Subject: Updated COVID-19 Travel and Exposure Guidance



April 1, 2020

All Employees, Students, Resident Physicians, and Mission-Critical Campus Visitors/Vendors:

Please note the following updated COVID-19 travel and exposure guidance:

COVID-19 Travel Guidance

- **If you have returned from domestic or international travel in the last 14 days, you must complete a screening* for assessment and clearance PRIOR to returning to campus.** Domestic travel is defined as travel outside the state of Oklahoma. **Also, please note** that campus is closed to visitors and vendors who are not considered mission-critical.
 - **OU Employees, Students, and Resident Physicians:** Please complete the online [COVID-19 Travel Screening Form](#) as soon as possible (log in with your OU/OUHSC assigned login and password**).
 - **Mission-Critical Campus Visitors/Vendors:** Contact the appropriate campus for a screening:
 - Norman Campus: (405) 325-8732
 - OUHSC: (405) 271-2577 or employee-health@ouhsc.edu
 - OU-Tulsa: (918) 660-3102 or TulsaStudentHealth@ouhsc.edu

COVID-19 Exposure Guidance

- If you have been in close contact with an individual diagnosed with COVID-19, call or email your campus health clinic:
 - Norman Campus: (405) 325-8732
 - OUHSC: (405) 271-2577 or employee-health@ouhsc.edu
 - OU-Tulsa: (918) 660-3102 or TulsaStudentHealth@ouhsc.edu

- If you begin to experience symptoms that could be consistent with COVID-19 such as fever (temp = 100.4° F), chills, cough, shortness of breath, body aches, and/or extreme fatigue, please remain home and contact your campus health clinic for further guidance regarding restrictions to return to campus. Please contact your primary care provider with any personal medical questions and for guidance concerning your specific symptoms.

*A medical professional will be in contact with you, typically within 24 hours following your screening submission. Based on a medical professional's review of your information against criteria developed by public health and infectious disease experts, you may be directed to observe a self-isolation period.

**If you need assistance accessing the form with your OU/OUHSC assigned login and password, please contact your campus IT Help Desk.

OU-Norman IT Service Desk

needhelp.ou.edu

(405) 325-HELP (4357)

OUHSC IT Service Desk

servicedesk@ouhsc.edu

(405) 271-2203 or

Toll-Free (888) 435-7486

OU-Tulsa IT Service Desk

ou.edu/tulsa/it/help

(918) 660-3550

For continued updates and guidance from the University on COVID-19, visit coronavirus.ou.edu.