

# OUHSC INSURANCE PURCHASING AND WAIVER INSTRUCTIONS

Per University of Oklahoma Regents Policy, all students enrolled in OU Health Sciences Center (OUHSC) programs are responsible for maintaining health insurance and providing coverage information each semester of enrollment in their programs. A student who is found to be uninsured will receive notification from their academic dean's office regarding lack of compliance and possible delay in academic program, including clinical participation, advancement.

All students enrolled in OUHSC programs must purchase the OU HSC Student Health Insurance Plan (SHIP) or submit a waiver to show alternative coverage via the Student Health Insurance waiver program by the semester waiver deadline indicated by AHP. Please act quickly to comply with the Regents Policy.

## **TO PURCHASE THE STUDENT HEALTH INSURANCE PLAN, PLEASE FOLLOW THE BELOW STEPS:**

1. Go to [ouhsc.myahpcare.com/enrollment](https://ouhsc.myahpcare.com/enrollment)
2. Click the 'Enroll/Cost' link.
3. If you already have an account, sign in with your username and password previously chosen.
  - a. To create an account:
    - i. Enter your desired username
    - ii. Enter your desired password
    - iii. Enter your student ID
    - iv. Enter your date of birth in mm/dd/yyyy format.
    - v. Read the Terms and Conditions and if you agree click the checkbox.
    - vi. Click the 'Next' button
4. Continue to provide the requested information until you have reached the final page and then select the 'Place Order' button.

## **TO BEGIN THE WAIVER PROCESS, PLEASE FOLLOW THE BELOW STEPS:**

1. Have an electronic copy of your medical ID card ready.
2. Go to [ouhsc.myahpcare.com/waiver](https://ouhsc.myahpcare.com/waiver)
3. Select the 'International' or 'Domestic' link (depending on your status).
4. Once on the waiver system you will be asked to provide:
  - a. Student ID: Use your OU HSC 7-digit student ID
  - b. Password: Your date of birth in MMDDYYYY format (i.e., 01011990 unless previously changed)
5. Select the "Waive" button from the "I Already Have Insurance" section.
6. Complete the waiver form and attach an electronic copy of the front and back of your medical insurance card.
7. Select the 'Submit Waiver' button at the bottom of the waiver form.
8. You will receive a waiver status email within 5-7 business days.

Once you have successfully submitted your waiver request you will receive an on-screen confirmation and an automated email confirming receipt of your request. Please make sure you receive this submission confirmation email and print it for your records. Should there be any problems with your waiver, you will need this confirmation email which contains your waiver request ID number. This automated email does not constitute granting of a waiver; a separate email as to whether your waiver request has been approved or denied will be sent from Academic HealthPlans within seven business days.

To receive important waiver text messages from Academic HealthPlans, follow these steps: Login to your school's waiver website, select the 'Account Info' tab, scroll down to enter your mobile number, and then select the 'Opt in for Texts' button.

For additional information or assistance please contact Academic HealthPlans Customer Service at 888-924-7758.