**My Abstract Form**

**Background/Problem**

State why I embarked upon the project—often some reference to a gap or debate in the research, real-world situation, or problem

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**Objective/Aim**

State what my project or study was intending to figure out, the topic of the manuscript

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**Method/Design**

State how I accomplished the project; name my data and methodology

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**Results/Findings**

State what I found through the project, my findings

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**Conclusion/Discussion**

State what conclusions I draw from the project, my argument (and recommendations if appropriate)

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**Keywords**

List key words or search terms that I definitely want to appear in my abstract

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