



TELEHEALTH INSTRUCTIONS

OUHSC Student Counseling Services is proud to offer Telehealth services on a temporary basis during the COVID-19 pandemic in the interest of individual and public safety.

Scheduling

For a Telehealth appointment, services are scheduled by visiting the SCS offices at the HSC Student Union, Suite 301, 1106 N. Stonewall Ave., Oklahoma City, OK 73117, by calling the SCS offices at (405) 271-7336, or by emailing counselors@ouhsc.edu. For existing clients, an appointment will be set and an email will be sent to your official HSC student email address that will contain simple instructions for accessing the Telehealth session and a Telehealth informed consent addendum form. For new intakes, in addition to the Telehealth informed consent addendum form, you must complete the standard necessary intake paperwork either in person at the offices or provide your official HSC student email during the initial scheduling so that the necessary intake paperwork can be sent to you digitally. All paperwork must be completed and submitted to your assigned counselor prior to your first telehealth session.

Once your appointment is established, you will receive an email from Zoom inviting you to register for the appointment. During registration, you will answer a few questions required for HIPAA compliance, such as confirming you have completed the necessary paperwork and informing us of the location, address, and phone number where you can be reached during the telehealth session. After you complete registration, you will be sent an email invitation to the actual Zoom session.

Accessing the Telehealth Counseling Session

Your email invitation will include a link to a private digital meeting room via Zoom Telehealth, which provides for encryption and a safe, confidential session. This digital meeting room will be available within 15 minutes of your scheduled appointment. Click the link in the invitation and the session can be engaged. You will then be able to connect with your provider. You may interact with your provider just as you would in a traditional clinic appointment. Technology used in these Telehealth appointments is HIPAA compliant and easy to use.

You are encouraged to go to ouhsc.zoom.us and sign up using your official HSC SSA account. You may find instructions and additional information for this process at <https://www.ouhsc.edu/at/Videoconferencing.aspx>. However, as long as you follow the link provided to you from your counselor, your Zoom session will be secure.

For more information about our Telehealth services, you can call (405) 271-7336.